

**Ida-Ore Breastfeeding Coalition is your local coalition and is joining in a collaborative effort to establish a community wide breastfeeding referral system that provides consistent and accurate information to mothers, families, and health care teams.**



**Ida-Ore Breastfeeding Coalition**

Southwest District Health  
920 Main Street  
Caldwell ID 83605

# PROFESSIONAL BREASTFEEDING TRAINING

Ida-Ore Breastfeeding Coalition



**BASICS FOR  
HEALTH  
CARE TEAMS  
AND  
COMMUNITY  
MEMBERS**

**THURSDAY,  
OCTOBER 27, 2005**

## BREASTFEEDING WORKSHOP OBJECTIVES

- Establish a consistent and coordinated message for breastfeeding education throughout the health care community.
- Develop and establish a breastfeeding network for continuity of care.
- Identify ways to avoid and relieve common breastfeeding problems.
- Recognize and resolve latch-on and positioning difficulties with breastfeeding.
- Identify the multiple health & social benefits for mothers, babies and families to breastfeed.
- Identify myths and barriers surrounding breastfeeding.



**Continuing Education Units (CEU)  
are available for this conference.**

### WHEN:

Thursday, October 27, 2005

8:30 a.m. to 3:00 p.m.

### WHERE:

West Valley Medical Center (**Kaley Medical Training Center**)

Entrance: 10th Avenue & Logan

Owyhee Room

Caldwell, Idaho 83605

### AGENDA:

- 8:30 Registration
- 9:00 Introductions – Self Attachment
- 9:10 Advantages of Breastfeeding  
**Barbara Burri, RD, LD, LE\*\***
- 9:45 Properties of Breastmilk
- 10:30 BREAK
- 10:45 Breastfeeding Equipment  
**Maggie Garcia, LE\*\***
- 11:30 NETWORKING LUNCH
- 12:15 Slides/video  
Structure & function of lactating breast  
**Ginny Gilbert, IBCLC\***
- 1:30 BREAK
- 1:45 Latch, case studies, etc.  
**Durene Enrico, IBCLC\***
- 3:00 Wrap-up/Evaluation

Presented by members of Ida-Ore Breastfeeding Coalition

\*International Board Certified Lactation

Consultant (IBCLC)

\*\*Lactation Educator (LE)

### REGISTRATION

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone \_\_\_\_\_

Workplace \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

Space is limited. To secure space please return paid registration by:

**October 20, 2005**

Registration Fee:  
Workshop **\$50.00**  
Lunch Provided

Student Registration Fee:  
Workshop **\$10.00**

***Late Registration \$60.00***  
**Checks payable to:**  
BestStart of SW Idaho

Mail to: Sue Coombs  
Southwest District Health  
920 Main Street  
Caldwell ID 83605

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Southwest District Health  
920 Main Street

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